# Herfstcriterium 2026: Session: 6: COACH evaluation sheet for TEAM: TSZ

**Coachinfo: Warming up from: 13:00 untill 13:45. Teamleadmeeting @ The listed starttimes are indicative!**

**Coaches: De Wit Ellen HEADCOACH**

**PB => Personal Best time** **SB => Seasons Best time: Season starting point: first of September.**

## Event number: 33: 200M MEDLEY MEN 13+ Heat:8, starttime: 14:50

**Heat: 8/10 Lane : 7 Athlete: BOEL LIAM** **Q-time: 02:35:80**

**PB (25m pool): 02:35.80 Sint-Niklaas 28/12/2025** **PB (50m pool):** 02:42.65 **SB:** no time

| | 25 M | 50 M | 75 M | 100 | 125 | 150 | 175 | 200 M |
|---|---|---|---|---|---|---|---|---|
| PB | | 00:34.73 | | no time | | no time | | 02:35.80 |
| | | *00:34.73* | | | | | | |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . |

Coach feedback:

## Event number: 34: 100M BACKSTROKE WOMEN 11-12 Heat:10, starttime: 15:20

**Heat: 10/11 Lane : 2 Athlete: GOEMINNE ELLEMIEKE** **Q-time: 01:24:40**

**PB (25m pool): 01:24.40 Durmehal 27/09/2026** **PB (50m pool):** 01:27.23 **SB:** 01:24.40 Durmehal 27/09/2026

| | 25 M | 50 M | 75 M | 100 M | |
|---|---|---|---|---|---|
| PB | | 00:41.21 | | 01:24.40 | |
| | | *00:41.21* | | *00:43.19* | |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | |

Coach feedback:

## Event number: 35: 200M MEDLEY MEN 11-12 Heat:5, starttime: 15:40

**Heat: 5/7 Lane : 8 Athlete: EL BOUJADDAYNI YAHYA** **Q-time: 03:14:22**

**PB (25m pool): 03:14.22 LAGO Zwevegem 25/05/2026** **PB (50m pool):** 03:18.47 **SB:** 03:17.59 EEKLO 04/10/2026

| | 25 M | 50 M | 75 M | 100 | 125 | 150 | 175 | 200 M |
|---|---|---|---|---|---|---|---|---|
| PB | | 00:46.23 | | 01:35.02 | | 02:29.88 | | 03:14.22 |
| | | *00:46.23* | | *00:48.79* | | *00:54.86* | | *00:44.34* |
| | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . | . . : . . : . . |

Coach feedback: